

Vision Problems in Children: Signs and Symptoms of Child Vision Problems

This checklist highlights three areas of concern in detecting symptoms of learning-related vision problems

1. Appearance of the Eyes

- Crossed, turning in, out or moving independently of each other
- Reddened, watering eyes, encrusted eyelids

2. Behavioral Indications of Possible Vision Difficulty

- Dislike or avoidance of close work
- Short attention span for the child's age or frequent daydreaming
- Turns or tilts head to use one eye or closing one eye
- Placing head close to book or desk when reading or writing
- Excessive blinking or rubbing of eyes
- Losing place while reading or writing
- Using finger or marker to guide eyes
- Difficulty remembering what is read
- Persistent reversals after second grade
- Difficulty remembering, identifying and reproducing basic geometric forms
- Difficulty with sequential concepts
- Poor eye-hand coordination when copying from chalkboard, throwing or catching a ball, buttoning clothing or tying their shoes

3. Complaints Associated With Using the Eyes

- Headaches, nausea, and dizziness
- Burning or itching eyes
- Blurring of vision at any time
- Double vision